

The Safety Corner

The Three Ups

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L S R

The Three Ups

No, not a new trike group but three motorcycle riding techniques that will *always* keep your shiny side up!

LOOK UP. *Always look up, never letting your eyes drop below the horizon.*

This is the **MOST** important thing you can do to safely control your motorcycle.

Your eyes take you where you are going, *always*.

Look through the turn. You look down, you are going down!

SQUARE UP. *Always square your handlebars when you stop and keep them square when you start. Even an emergency stop in a curve, you will stop quicker and more safely if you **first square up your handlebars** before applying **both** brakes. Ever stop at a stop sign to turn right and find you are having a very hard time trying to keep your motorcycle from falling over? If this is a problem you have, the cause is that your handlebars are not square to the motorcycle. **Square Up those handlebars!***



RIGHT FOOT UP *Always stop and start your motorcycle with your right foot covering the rear brake and your left foot on the ground. **Stopping.** The most effective way to stop a motorcycle is with both brakes, even pressure. When you stop, your **left** foot should touch the ground **first**. **Starting.** When you start, your **right** foot should always cover your rear brake. If the car in front of you moves, you start to move. The car suddenly stops! You can *quickly stop* if you have your **right** foot covering the rear brake. Remember, you are starting to accelerate, (roll on the throttle); your right hand *is not* covering the brake.*

It will take your at least two seconds to cover that front brake with your right hand; however, if your **right** foot was on the rear brake, you would already be applying the rear brake while you were trying to cover the front brake. When you stop and start your motorcycle in the same way, you will find you can control your balance much easier. There are two exceptions. Standing 90 degree turn right and downhill slope.

So remember **L S R**, the **Three Ups**.

LOOK UP

SQUARE UP

RIGHT FOOT UP

